

Feb 1<sup>st</sup> – 7<sup>th</sup> 2026

# Martha's Garden

## FEATURES

MONDAY

*Spud Shack*

THURSDAY

*Tavola*

TUESDAY

*Verde*

FRIDAY

*Nice Thai*

WEDNESDAY

*Zen*

SALAD BAR THEME = CIAO (*Flavor of Italy*)

MONDAY

Baked Potato  
Sweet Potato  
Chicken  
Sausage & Peppers  
Pulled Pork  
Toppings

TUESDAY

Cilantro Rice  
Tortilla Chips  
Margarita Chicken  
Barbacoa Beef  
Toppings

WEDNESDAY

Brown Rice  
Lo Mein  
Stir Fry  
Szechuan Green Beans  
Bourbon Chicken  
Sweet Spicy Shrimp  
Cabbage Slaw

THURSDAY

Fettuccini  
Spring Lemon Orzo  
Roasted Broccoli  
Shrimp Scampi  
Salmon  
Sauces & Toppings

FRIDAY

Chicken & Mushroom Pad Thai  
Spicy Tofu Pad Thai  
Thai Shrimp & Noodles  
Vegetable Spring Rolls  
Crunchy Thai  
Cucumber Salad

SOUPS

**Chicken & Dumplings**  
soup  
**Split Pea**  
soup

CONNECT WITH US

djlawren@sntara.com

Feb 8<sup>th</sup> – 14<sup>th</sup> 2026

# Martha's Garden

## FEATURES

MONDAY

*Basmati & Spice*

TUESDAY

*Smoke House*

THURSDAY

*Take a Bao*

FRIDAY

*Fish N Chippie*

WEDNESDAY

*Meatballs & Company*

**SALAD BAR THEME = PAN PACIFIC**

MONDAY

Chickpea Marsala

No Butter Chicken

TUESDAY

BBQ Chicken

BBQ Brisket

Baked Beans

Mac N Cheese

Collard Greens

WEDNESDAY

The Baller

The Triple Threat

Sunday Sauce

Tortellini Antipasti

THURSDAY

Korean Chicken BBQ

Slow Roasted Pork  
Bao

Mongolian Beef  
Bao

Asian Slaw

Spicy Peanut Noodle  
Salad

FRIDAY

Traditional  
Fish & Chips

Crispy Fish Sandwich

Fish N Greens

SOUPS

**Chicken Gumbo**

Soup

**Bacon Corn**

Chowder

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Feb 15<sup>th</sup> – 21<sup>st</sup> 2026

# Martha's Garden

## FEATURES

MONDAY

*Spud Shack*

TUESDAY

*Verde*

WEDNESDAY

*Tandoori*

THURSDAY

*Tavola*

FRIDAY

*Happy Hen*

SALAD BAR THEME = FIESTA (*Latin Inspired*)

MONDAY

Baked Potato

Sweet Potato

Chicken

Sausage & Peppers

Pulled Pork

Toppings

TUESDAY

Chicken Tinga  
Tomatillos

Chipotle Brisket

Spanish Rice

Herbed Rice

Toppings

WEDNESDAY

Salmon with  
Coconut Sauce

Tandoori Chicken

Basmati Rice

Coconut Rice

Roasted Cauliflower

Moroccan  
Chickpeas

THURSDAY

Italian Meatballs

Mediterranean  
Chicken

Cheese Tortellini

Penne Pasta

Sauces & Toppings

FRIDAY

Country Fried  
Chicken

Sweet Tea Fried  
Chicken

Mashed Potatoes

Mac N Cheese

Brussel Sprouts

SOUPS

**Pasta Fagioli**

Soup

**Baked Potato**

Soup

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Feb 22<sup>nd</sup> – 28<sup>th</sup> 2026

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## FEATURES

MONDAY

*Basmati & Spice*

TUESDAY

*Smoke House*

THURSDAY

*Take A Bao*

WEDNESDAY

*Kind Tide Seafood*

FRIDAY

*Cheese Louise*

SALAD BAR THEME = GREEK OUT

MONDAY

Chickpea Marsala

No Butter Chicken

TUESDAY

BBQ Meatloaf

Pulled Pork

Smoked Sausage

Corn on the Cob

Green Beans

Potato Salad

WEDNESDAY

Fried Catfish

Crabcakes

Acorn Squash

Red Smashed Potatoes

Fried Pickles

Succotash

THURSDAY

Korean Chicken BBQ

Slow Roasted Pork Bao

Mongolian Beef Bao

Asian Slaw

Spicy Peanut Noodle Salad

FRIDAY

Pimento Mac n Cheese

Mac N Cheese

Roasted Broccoli

Nashville Chicken

Smoked Sausage

Toppings

SOUPS

**Chicken Noodle**

Soup

**Broccoli Cheddar**

soup

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*Nice Thai*

WEDNESDAY

*Zen*

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Tortilla Chips  
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Lo Mein  
Stir Fry  
Szechuan Green Beans  
Bourbon Chicken  
Sweet Spicy Shrimp  
Cabbage Slaw

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Spring Lemon Orzo  
Roasted Broccoli  
Shrimp Scampi  
Salmon  
Sauces & Toppings

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Thai Shrimp & Noodles  
Vegetable Spring Rolls  
Crunchy Thai  
Cucumber Salad

SOUPS

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soup  
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soup

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